

Pregnancy support counselling

Create a connection through counselling and discover a nurturing space for your journey through pregnancy and early parenthood. Our confidential non-directive counselling service provides a professional environment where you can explore your concerns and decisions with guidance and care.

Rebates for pregnancy support counselling sessions (up to 3) are available through the Medicare scheme via GP referral for clients with a current or recent pregnancy within the last 12 months. Support is also available for women who have experienced loss or an unexpected pregnancy outcome.

What we offer

- Confidential counselling sessions
- Professional and empathetic guidance
- Support for decision-making

- Coping strategies
- Emotional wellness support
- Assistance with communication